

Government of Assam
Office of the Director of Higher Education, Assam
Kahilipara, Guwahati-19

No.DHE/PA/Misc/3/2022/38

Dated Kahilipara the 18th June/2022

From: Sri Dharma Kanta Mili, A.C.S.
Director of Higher Education, Assam
Kahilipara, Guwahati-19.

To, ✓
1. All the Registrars, (State Universities).
2. All the Principals (Govt. Colleges/Provincialised Colleges).

Sub: Regarding International Yoga Day Celebration 2022.

Ref: Govt. letter No. AHE.586/2021/37, dated:- 02-06-2022.

Sir,

With reference to the subject cited above, I have the honour to state that on the account of International Yoga Day on 21st June/2022 you are hereby requested to organise a Programme for observation of International Yoga Day 2022 among the students and faculty members of your esteemed institution as per Yoga Protocol as given below.

Programme for International Yoga Day 2022		
Sl. No.	Time	Program
1	07:30	Assemble for Yoga Asana (open field/auditorium etc.)
2	07:35	Lighting of Lamp
3	07:40	Inauguration of International Yoga day 2022
4	07:45	Chanting of Prayer (Vedic)
5	07:50	Surya Namaskar
6	08:00	Various Yogasana (standing/seating/sleeping positions)
7	08:30	Kapalabhati Asana
8	08:35	Pranayama
9	08:40	Dhyana
10	08:45	Sankalpa
11	08:50	Shanti Path
End of Programme		

You are also requested to furnish a compliance report after the Programme for submitting the same to the Govt. This is for your kind information and necessary action.

Yours faithfully

Director of Higher Education, Assam
Kahilipara, Guwahati-19.

Dated Kahilipara the 18th June/2022

Memo No.DHE/PA/Misc/3/2022/38-A

Copy to:-

1. The P.S to the Hon'ble Minister, Education Assam, Dispur, Guwahati-6.
2. The P.S. to the Commissioner & Secretary to the Govt. of Assam, Higher Education Department, Dispur, Guwahati-6.
3. Guard file.

Director of Higher Education, Assam
Kahilipara, Guwahati-19.

GOVERNMENT OF ASSAM
HIGHER EDUCATION DEPARTMENT
DISPUR, GUWAHATI-6

Dated Dispur, the 2nd June, 2022

No.AHE.586/2021/37

From : Smti. Tarali Das, ACS
Deputy Secretary to the Govt. of Assam
Higher Education Department.

To : 1) The Director of Higher Education, Assam,
Kahilipara, Guwahati-19.

2) The Director of Technical Education, Assam,
Kahilipara, Guwahati-19

Sub : Regarding observation of 'World Environment Day' and
'International Yoga Day'

Sir,

In inviting a reference to the subject cited above, I am directed to request you to issue necessary instructions regarding observation of 'World Environment Day' and 'International Yoga Day' at the Higher Educational Institutes of Assam.

The Colleges and Universities may be directed to hold seminars on the topic "Understanding of Carbon-dioxide, Green-house gases and Climate Change"

Yours faithfully,

Deputy Secretary to the Govt. of Assam
Higher Education Department.

Memo No.AHE.586/2021/37-A

Dated Dispur, the 2nd June, 2022

Copy to :

1. P.S. to Commissioner & Secretary to the Govt. of Assam, Higher Education Department, Dispur, Guwahati-6 for kind information.
2. P.S. to Secretary to the Govt. of Assam, Higher Education Department, Dispur, Guwahati-6 for kind information.

o/c-

By order etc.

Deputy Secretary to the Govt. of Assam
Higher Education Department.