

GOVERNMENT OF ASSAM
OFFICE OF THE DIRECTOR OF HIGHER EDUCATION, ASSAM
KAHILIPARA :::::::::: GUWAHATI-19.

No. PC/HE/Misc.18/2020/54

Dated Kahilipara, the 13/06/2022

From : Sri Dharma Kanta Mili, ACS
Director of Higher Education, Assam
Kahilipara, Guwahati-19.

To,
✓ The Principal (All)
.Colleges.


Sub : Regarding introduction of "Yoga Protocol" as a part of "AZADI KA AMRIT MAHOTSAV" and "8th INTERNATIONAL DAY OF YOGA, 2022 (21st June,2022).

Ref : Letter No. NIL, dated 31/05/2022.

Sir,

With reference to the subject cited above, I would like to forward here with a letter received from the President, Indian Yoga Culture & Yoga Therapy Centre, Central Gotanagar, Maligaon, Guwahati-11 dated 21/05/2022 regarding introduction of "Yoga Protocol" as a part of "AZADI KA AMRIT MAHOTSAV" and "8th INTERNATIONAL DAY OF YOGA, 2022 (21st June,2022) and request you to take necessary action from your end.

Yours faithfully,



Director of Higher Education, Assam
Kahilipara, Guwahati-19.

Dated Kahilipara, the 13/06/2022

Memo No. PC/HE/Misc.18/2020/54 -A,

Copy to :-

1. The P.S. to the Commissioner and Secretary to the Govt. of Assam, Higher Education Department for kind information.
2. The President, Indian Yoga Culture & Yoga Therapy Centre, Yoga Tirtha, Central Gotanagar, Maligaon, Guwahait -11.


Director of Higher Education, Assam
Kahilipara, Guwahati-19.



ভাৰতীয় যোগ সংস্কৃতি আৰু যোগ চিকিৎসা কেন্দ্ৰ
भारतीय योग संस्कृति एवं योग चिकित्सा केन्द्र
INDIAN YOGA CULTURE & YOGA THERAPY CENTRE

(A Regd. and Govt. Aided Yoga Institution) Estd : 1979

CITY OFFICE : YOGA TIRTHA

Central Gotanagar, Mallgaon, Guwahati- 781011,

E-mail: indianyoga.assam@yahoo.in / www.indianyogassam.com

Contact: 80116-11765, 91014-13211

Yogacharya Subhasish
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Sri Suresh Poddar

Ref. No.

To

Shri Dharmakanta Mili,
Director, Higher Education, Assam,
Kahilipara Main Road, Jatia,
Guwahati - 781019.

Subject: Introduction of "Yoga Protocol" as a part of AZADI KA AMRIT MAHOTSAV" and 8th INTERNATIONAL DAY OF YOGA, 2022 (21st June, 2022).

Respected,
Sir/Madam,

As we all know, "YOGA" is a self-imposed learning which paves the way for physical, mental and social development of an individual. It is now globally acknowledged as an alternative system for eradication & prevention of multiple ailments. Needless to emphasize the mechanical way of life in the modern world subjected to various kind of physical and mental stress, diseases and afflictions. For solution of such situations arising in human life we should select the way of "ANCIENT INDIAN YOGIC SYSTEM".

It is to mention here that the IYC&YTC has been widely active in this noble field for more than 50 years and conducting thousands of classes /camps benevolently. More than 3000 yoga experts from this institute are presently working in the different walks of life successfully. Also gladly inform you that, currently our organization is successfully running "Three Days Free Yoga protocol" in more than 100 schools within Greater Guwahati.

In this context, as a part of "AZADI KA AMRIT MAHOTSAV" and "8th INTERNATIONAL DAY OF YOGA 2022" (21st JUNE) our institute is going to introduce "Yoga Protocol" in every colleges of Assam State and in this regards our institute request your kind necessary act and proper instruction for initiating Introduction of "Yoga Protocol" in the interest of the mental, physical and social up-liftment of our future generation.

We shall ever be grateful for your kind act in this regard.

Thanking you in anticipation,

Gautam Patowary
(GAUTAM PATOWARY)
CHIEF CO-ORDINATOR

Subhasish
(YOGACHARYA SUBHASISH)
PRESIDENT, IYC&YTC.



for Harmony & Peace

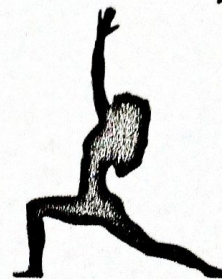
TO MARK THE AZADI KA AMRIT MAHOTSAV &

75
Azadi Ka
Amrit Mahotsav

INTERNATIONAL DAY OF YOGA, 2022

IMPLEMENT THE PROJECT

- YOGA WELLNESS CENTRE AT YOUR DOORSTEP, EVERY WARD OF GUWAHATI, GMC
- THREE DAYS FREE COMMON YOGA PROTOCOL IN EVERY DISTRICT OF ASSAM.
- THREE DAYS FREE YOGA SESSION AT EVERY EDUCATIONAL INSTITUTION OF GUWAHATI
- ONE DAY YOGA WORKSHOP IN EVERY DISTRICT OF ASSAM



UNDER THE SUPERVISION OF

INDIAN YOGA CULTURE AND YOGA THERAPY CENTRE, GUWAHATI



(AFFILIATED TO SRIMANTA SANKARADEVA
UNIVERSITY OF HEALTH SCIENCES, ASSAM)

IN ASSOCIATION WITH



LIONS CLUB, GUWAHATI



ALL ASSAM YOGA MAHASANGHA, ASSAM



SIDDHI, THE YOGA CENTER, GUWAHATI



ALL ASSAM GOVT. YOGA INSTRUCTOR ASSOCIATION, ASSAM



PURVANCHAL MAHILA YOGA FOUNDATION, ASSAM



Kickstarted in city



CHRONICLE NEWS SERVICE

GUWAHATI: With a view to creating a 'healthy and wealthy Assam' an ambitious project 'Yoga at your doorstep' was launched on Monday at the Guwahati Press Club. The Indian Yoga Culture and Yoga Therapy Centre (IYC&YTC) is implementing the project as a nodal agency in all the wards of Guwahati in collaboration with GMC.

Structurally, the project is being implemented in three phases. They include

(i) Three-day free yoga workshop-cum-treatment camp in 60 GMC wards and

speakers of the function were GMC Commissioner Debasish Sarma, noted singer Kalpana Patowary, Yogacharya Subhasish, founder-president, IYC&YTC, Prof. S. Roychoudhury, Suraj Jain, president, Marwari Yuva Manch, Dipakji, Service Chairman of Guwahati Lions Club, Prof. Ujjwal Arun Maske, Head, Department of Yogic Science and Naturopathy, Mahapurusha Srimanta Sankaradeva Viswavidyalaya, etc.

As many as six newly elected GMC ward councilors, many health-conscious Guwahatians were

CHRONICLE NEWS

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