

GOVERNMENT OF ASSAM,  
OFFICE OF THE DIRECTOR OF HIGHER EDUCATION, ASSAM,  
KAHILIPARA, GUWAHATI-19.

No. DHE/EG/Mis/25/2017/29

Dated Kahilipara,the 19/06/2018

From :- Smti.G. Phukan, ACS  
Director of Higher Education,Assam,  
Kahilipara,Guwahati-19.

To,

1. The Regiatarar,  
Gauhati University/Dibrugarh University/  
Assam University/Tezpur University/Bodoland University/Cotton University.  
2. The Principal,  
All Provincialised Colleges of Assam.

Sub :- **Preparation for celebration of International Day of Yoga on 21<sup>st</sup> June 2018**

Ref :- Letter No. D.O. NO. 3-4/2018-U.5

Sir,

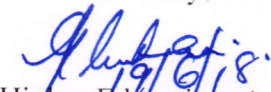
With reference to letter on the subject cited above, I have the honour to inform you that Govt. of India, Ministry of Human Resource Development, Department of Higher Education, Shastri Bhaan New Delhi-110115 has stated that the Ministry of Ayush has taken up the preparation for celebration of International Day of Yoga (IDY) on 21<sup>st</sup> June 2018 to take forward the momentum created by IDY 2015, 2016 and 2017 with greater and more active participation of youth during the current year.

Hence, I am enclosing herewith the concerned letter and request you to comply the request as mentioned in point No. 4 of the said letter without fail.

You are also requested to submit action taken report(only soft copy) with photograph to this Directorate within 7 days from the date of celebration of International Day of Yoga 2018.

Please treat this matter as **TOP MOST URGENT**

Yours' faithfully,

  
Director of Higher Education, Assam  
Kahilipara, Guwahati-19.

Memo No. DHE/EG/Mis/25/2017/29-A

Dated Kahilipara,the 19/06/2018

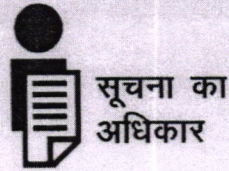
Copy to :

1. The Principal Secretary to the Govt. of Assam, Education Department (Higher), Dispur, Guwahati-06, for information.
2. P.S to Hon'ble Minister Higher Education, Assam, Dispur, Guwahati-06.

Director of Higher Education, Assam  
Kahilipara, Guwahati-19.

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भारत सरकार  
मानव संसाधन विकास मंत्रालय  
उच्चतर शिक्षा विभाग  
शास्त्री भवन  
नई दिल्ली - 110 115  
GOVERNMENT OF INDIA  
MINISTRY OF HUMAN RESOURCE DEVELOPMENT  
DEPARTMENT OF HIGHER EDUCATION  
SHASTRI BHAVAN  
NEW DELHI-110 115



Ishita Roy  
Joint Secretary (HE)  
Tele: 011-23381721  
Fax: 011-23385162

13<sup>th</sup> June, 2018

D.O. No. 3-4/2018-U.5

Dear Shri Ajay,

You may be aware that Ministry of AYUSH has taken up the preparation for celebration of International Day of Yoga (IDY) on 21<sup>st</sup> June, 2018 to take forward the momentum created by IDY 2015, 2016 and 2017 with greater and more active participation of youth during the current year.

2. Yoga, as you know, is an invaluable gift of India's ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfilment; harmony between man and nature; a holistic approach to health and well-being. It is not about exercise but to discover the sense of oneness with yourself, the world and the nature.

3. The Inter-Ministerial Committee constituted for the celebration of IDY, 2018 in its meetings held on 27<sup>th</sup> February, 2018 and 11<sup>th</sup> June, 2018 noted that the remarkable success of observation of IDY in the last three was due to active cooperation of various stakeholders including State Governments. It was stressed that this coordinated effort needs to continue in 2018 as well and all stakeholders must work towards promoting Yoga.


4. In this regard, you are requested to advise all Universities and Higher Educational Institutions in your State to undertake the following activities:-

- i. to build a culture and environment for Yoga in Universities, Colleges and other Higher Education Institutions (HEIs)
- ii. to organize quiz competitions, lectures, special yoga demonstrations, debates, seminars and workshops on Yoga
- iii. to hold Yogathons, Wellness Centres, Poster Presentations and best research paper presentations on Yoga Day
- iv. to disseminate and give wide publicity for Celebrations of IDY-2018
- v. to upload information regarding the activities conducted by them in respect of IDY-2018 on University Activity Monitoring portal (<http://ugc.ac.in/uamp/>) created by UGC
- vi. to encourage personnel in their respective organizations to take active part in the IDY celebrations by locating their nearest Yoga Centre through the Yoga Locator App (available for download from the Google Play Store).

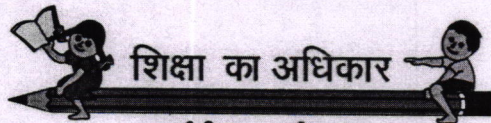
5. An action taken note will be highly appreciated.

Warm regards,

Yours sincerely,

  
(Ishita Roy)

Shri Ajay Tewari, IAS  
Principal Secretary,  
Department of Higher Education,  
Government of Assam,  
Block -C, Assam Secretariat,  
Dispur, Guwahati - 781 006



शिक्षा का अधिकार  
सर्व शिक्षा अभियान  
सब पढ़ें सब बढ़ें

*August 16*  
*Dr. Nee*  
*Rauf*  
*Subject - a*  
*draft - to*  
*circulate to*  
*for all colleges*  
*for Int. Day of*  
*Yoga (21st June)*  
*19/6/18*